

# AHSAA 2009-10 Sports Calendar

Sports	First Practice	First Contest	End Of Season	Contests Allowed*	Tournaments Allowed+
<b>F A L L</b>					
<b>Volleyball</b>					
Varsity	July 30	Aug. 20	Oct. 29	15 dates	weekends only++
Jr. High/Middle	July 30	Aug. 20	Oct. 5	10 dates	weekends only++
<b>Football</b>					
Varsity	Aug. 3	Aug. 27	Dec. 4	10	n/a
Jr. High/Middle	Aug. 3	Aug. 27	Oct. 31	8	n/a
<b>Cross Country</b>					
Varsity	Aug. 3	Aug. 27	Nov. 14	10	n/a
Jr. High/Middle	Aug. 3	Aug. 27	Oct. 24	8	n/a
<b>Swimming</b>	Aug. 3	Aug. 27	Dec. 5	8	n/a
<b>W I N T E R</b>					
<b>Basketball</b>					
Girls Varsity	Oct. 12	Nov. 2	Feb. 27	20	3
Boys Varsity	Oct. 12	Nov. 2	Feb. 27	20	3
Jr. High/Middle	Sept. 14	Oct. 5	Feb. 13	16	3
<b>Wrestling</b>					
Varsity	Oct. 26	Nov. 16	Feb. 13	14 dates	weekends only++
Jr. High/Middle	Oct. 19	Nov. 9	Feb. 6	8 dates	weekends only++
<b>S P R I N G</b>					
<b>Tennis</b>					
Girls Varsity	Jan. 18	Feb. 8	April 27	14 dates	weekends only++
Boys Varsity	Jan. 18	Feb. 8	April 27	14 dates	weekends only++
Jr. High/Middle	Jan. 18	Feb. 15	April 17	8 dates	weekends only++
<b>Soccer</b>					
Varsity	Jan. 18	Feb. 8	May 8	20	2
Jr. High/Middle	Jan. 18	Feb. 8	April 24	14	2
<b>Softball</b>					
Varsity (throwing-1-4**)	Jan. 25	Feb. 15	May 15	18 games	7
Jr. High/Middle	Jan. 25	Feb. 15	May 1	14 games	5
<b>Baseball</b>					
Varsity (throwing-1-4**)	Jan. 25	Feb. 15	May 14	18 dates	2
Jr. High/Middle	Jan. 25	Feb. 15	April 15	14 dates	2
<b>Golf</b>					
Girls Varsity	Feb. 1	Feb. 22	May 11	14 dates	Only weekday tournaments included in playing dates.
Boys Varsity	Feb. 1	Feb. 22	May 11	14 dates	
Jr. High/Middle	Feb. 1	Feb. 22	April 24	8 dates	
<b>Outdoor Track</b>					
Varsity	Jan. 22	Feb. 12	May 1	12	n/a
Jr. High/Middle	Jan. 22	Feb. 12	April 24	10	n/a
<p><b>KEYS &amp; EXPLANATIONS</b></p> <p>*=Includes only regular season contests per school.      **Throwing conditioning (gloves &amp; balls only)</p> <p>+ =Not counted as playing dates.      ++=Must be held with no loss of school time      n/a=Not applicable</p> <p>NOTE: In all sports, a team's season ends when the team is eliminated in the state championship program. A team's season begins the day of its first contest in that sport.</p>					